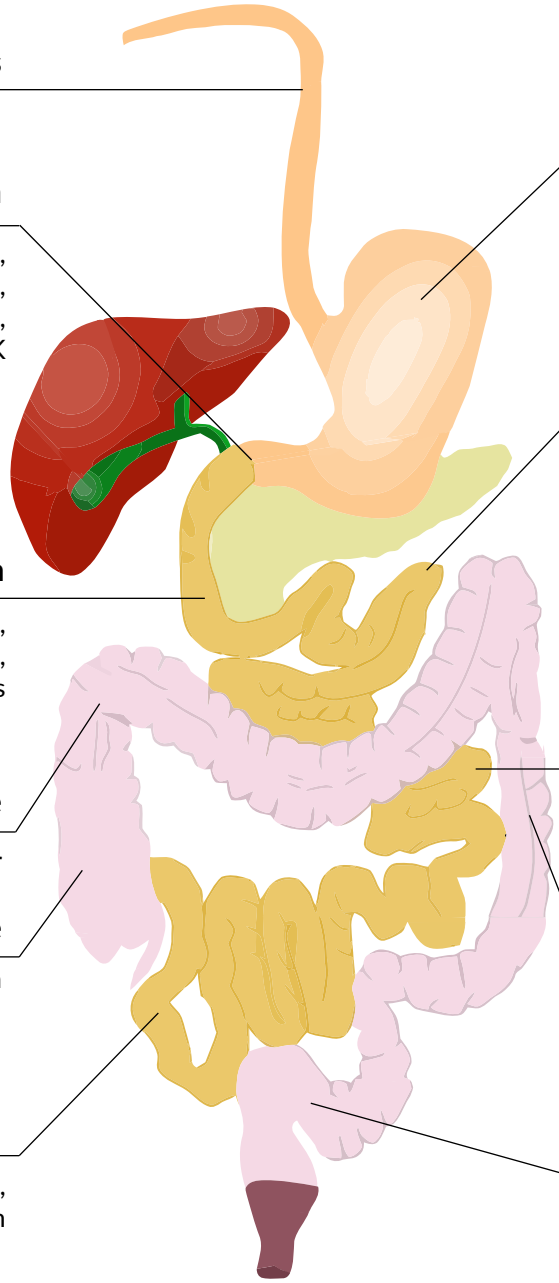
Nutrient Absorption by Location in the Digestive Tract



Esophagus

Duodenum

Calcium, phosphorus, magnesium, iron, copper, selenium, thiamin, riboflavin, niacin, biotin, folate, vitamins A, D, E, and K

Jejunum

Vitamins A, D, E, and K, lipids, monosaccharides, amino acids, small peptides

Large Intestine

Water

Large Intestine

Vitamin K, biotin

Ileum

Vitamin C, folate, vitamin B12, vitamin D, vitamin K, magnesium

Stomach

Water, ethyl alcohol, Iodide, fluoride, molybdenum

Jejunum

Thiamin, riboflavin, niacin, pantothenate, biotin, folate, vitamin B6, vitamin C, vitamins A, D, E and K, calcium, phosphorus, magnesium, iron, zinc, chromium, manganese, molybdenum

Ileum

Bile salts and acids

Large Intestine

Sodium, chloride, potassium

Large Intestine

Short-chain fatty acids

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